

REQUEST FOR STUDENT ACTIVITY FUNDRAISING

Requested by (Club/Organization Name): _____

Advisor/Sponsor Signature: _____

Date of Request: _____

Date of Events: _____

Identify Fund Raiser Details:

Food Handler Required? _____ Name of Food Handler: _____

Advisors and club members agree that they will discontinue sales during all lunches (from 11:11 - 12:52). If clubs are found selling during lunches, their Bake Sale will be closed for the remainder of the day and they will not be permitted to hold a future bake sale.

Signature of Advisor: _____, Signature of Club President: _____

This form must be completed and submitted to the Activities Office in Room 130 for administrative approval. Copy of approval will be sent to the Business Office.

Approved by _____ Date _____

Food sales are subject to the guidelines set forth in the Smart Snack in Schools Act (except during exemption weeks/events):

Any competitive food offered/given/served/sold must be:

Acceptable Foods

- Fruit
- Vegetable
- Dairy Product
- Protein-rich food (meats, beans, poultry, seafood, eggs, nuts, seeds.)
- Whole – grain rich food (first ingredient is a whole grain or product is >50% whole grains by weight.)
- Combo food that has at least ¼ cup fruit and/or ¼ cup vegetable

All competitive foods must meet each of the following nutrient limits.

Calories

- Max 200 calories for snacks and sides
- Max 350 Calories for entrees

Sugar

- Max 35% sugar by weight (exceptions are dried fruits and vegetables with no added sweeteners)

Sodium

- Max 230mg sodium for snacks

Fat

- Fat: Max 35% calories from fat (as packaged or served)
- Trans Fat: 0% as served

Beverage Rules

Water or Carbonated Water

- Unflavored low-fat milk, flavored or unflavored fat free milk and soy alternatives
- 100% fruit or vegetable juice

Size Limits

- 12 ounces

The website below may be used as guide to identify foods within the Smart Snack in Schools Act guidelines
<http://rdp.healthiergeneration.org/calc/calculator/>